



Troop 81

50 Mile Canoe Trip 2023

Trip List Packet



What: 50 Mile, 5 day Canoe Trip for Troop 81
When: June 10 – 15, 2023
Where: Grimes Canoe base, near Linden, TN
Cost: \$210

PRECAMP MEETING: A mandatory meeting for all scouts attending the Canoe Trip and their parents will be held on **Monday, June 5, at 7:15 PM at First United Methodist Church**. If you are unable to attend this meeting, contact the scoutmaster as soon as possible for important information.

50 Mile Canoe DATE: Troop 81 will Canoe down the Buffalo River using BSA Grimes Canoe Base as our base camp from Saturday, June 10 through Thursday, June 15 2023.

WHERE: Our base camp will be the Grimes Canoe base Scout camp which is part of the Middle Tennessee Council and located South West of Nashville, near Linden, TN.

TRANSPORTATION to Grimes Canoe Base: We will travel as a group from the church on Saturday June 10 and returning June 15. **Meet at the Church at 8:00am on Saturday June 5 wearing your Class B uniform**. We will depart the Church at 8:30am. Eat Breakfast before you arrive and also pack a sack lunch to eat during the drive to the Canoe Base. Travel time from Maryville is 4 ½ hours. We will be allowing 6 hours to include lunch and restroom stops.

TRANSPORTATION – Shuttle Service at Camp

The Scout camp will provide the shuttle service for transporting the troop, gear and canoes up river on Sunday morning. They will pick us up down-river on Wednesday at the completion of the trip. We will camp as a troop in our own tents all week, including Saturday, Tuesday and Wednesday nights at the Grimes Canoe Base Scout Camp. The other nights will be at pre-designated locations on the river coordinated by the Scout Camp which are used during the summer by groups taking this trip.

FOOD: The cost of the trip includes food while on the river. Please inform the leaders of any food allergies so that the menu can be adjusted. **You can bring your own snacks.**

SUN PROTECTION: We will be outdoors for the entire week. Please bring plenty of sunscreen. SPF 50 is minimum. Even with a “water resistant”, sunscreen we will need to reapply during the day. While seated in the boat, the front of the legs / thighs are very prone to sunburn and therefore everyone needs to watch out for each other and make sure we have an enjoyable trip without sunburns.

A hat is also recommended. Wide brimmed with help protect ears and back of neck as an additional barrier to the sunscreen.

FOOT GEAR: Two pairs of shoes are needed. Bring one pair of **closed toed shoes which you plan to get wet**. Closed toed sandals, water shoes or tennis shoes are okay but need to stay securely on your feet. (Don't bring Crocs as water shoes) Bring another pair of shoes to use on dry land. You must keep shoes on at all times unless in your tent, or hammock to protect your feet.

PHONES: Phones are great for taking pictures but you need a true waterproof bag for your phone. A zip lock bag will **NOT** protect it from getting wet.

CANOES: The Troop has a Canoe trailer capable of carrying 6 canoes. Please tell Mr. Esmark if you have a canoe which you would like to use on this trip down the Buffalo River. We will coordinate the transportation of the canoes. We are also able to rent extra canoes with paddles & PFDs from the camp as needed. Therefore, it saves money to take our own canoes.



Each canoe needs at least on long rope tied to the front to be used when parked along the river bank.

PERSONAL FLOTATION DEVICE (PFD): **Scouts and Adults will need to wear their PDFs at all times while in the canoe or in the water.** Swimming in the river will only be allowed under adult supervision and while wearing PFDs at a few select times during the trip to cool off.

GEAR: A small backpack will be useful in the canoe to keep items handy for each day on the trip. A larger duffel bag should be used to store the majority of your gear, as it will fit into the canoe nicely. The last day of the trip on the water, Wednesday, we will only need our day pack on the water. We will leave camp setup from the previous night at Grimes Canoe Base.



You can bring a second daypack with clothes for Tuesday night to Thursday afternoon

Waterproofing: Use layers of plastic bags and zip lock bags to keep gear dry.

Use a large trash bag **inside** of your duffel bag to keep out the water. Twist the bag shut at the top and bring some Para cord to tie it tight.



Inside of the garbage bag, you should use zip lock bags to keep items dry. The 2.5 Gallon size works well for storing clothes. If you double bag important items, it is much less likely to have your gear get wet if the canoe takes on water.



All gear must fit in a canoe and be reasonable to load/unload and carry.

Shelter: Your son will want to take a tent to the canoe trip. A smaller tent is recommended, so it will fit inside of a duffel bag. Some of the Scouts may choose to use hammocks to sleep in. If so, be sure to have a rain fly with tent stakes so that he will stay dry while sleeping.



SCHEDULE FOR THE WEEK:

Saturday June 10 - Depart from FUMC parking lot (**8:30 am**).

Saturday late afternoon - Arrival camp at Grimes Canoe Base. Setup camp for overnight stay and prepare canoes.

Sunday (**on water**) – break camp for early morning depart early to put in. **13 miles** on water- camp at permissible destination

Monday (**on water**) - morning break camp. **18 miles** on water - camp at camp owned river lot

Tuesday - break camp. **7 miles** on water arrive at Grimes. Short float good day for swimming and cleaning up litter (service project required for 50 miler BSA award). Unpack canoes and setup camp at Grimes for 2 nights.

Wednesday - Launch canoes at Grimes. Take day pack with supplies for day. **12 mile** float to pick up point. 50 miles completed. Camp at Grimes Wednesday night.

Thursday morning - pack-up gear & depart for home. Arrive in Maryville (FUMC parking lot) around **6pm** on Thursday June 15.

EMERGENCY CONTACT INFORMATION

If you need to get in touch with the Troop 81 Canoe trip, Your son can be reached in an EMERGENCY by calling (865) 809-3083. This is the cell phone number for Eric Esmark. Please leave a message. At the minimum, we will check for messages each night when we are camping and back on dry land. Other leader's numbers are as follows

Tim Collins – 865-231-0069

Alan Messler – 865-740-4016

Mark Coughlin – 865-549-6445

The Camp Ranger phone number is 931-589-5150 . We are expecting pretty good cell phone coverage along the river, but ability to charge phones will be very limited.

Canoe Trip – Scout’s Equipment Packing List

OUTDOOR ESSENTIALS

- First Aid Kit
- Matches
- Extra Food (trail snacks)
- Firestarter
- Compass with Map (FURNISHED)
- Water Bottles (at least 2 quarts)
- Flashlight
- Pocketknife
- Sun protection
 - Sunscreen SPF 50
 - Wide brimmed hat recommended
- Whistle
- Extra Clothes
- Emergency Kit
- Poncho
- Medication / EPI Pen (if prescribed)

EATING UTENSILS & cooking

- Frisbee or plastic plate
- Fork & Spoon
- Hot beverage cup
- Small sponge / scrub pad for cleanup

SLEEPING GEAR

- Summer Bag in W/P stuff sack in plastic bag
- Foam Sleeping Pad

PACKING GEAR

- Duffel Bag for transporting items in boat / canoe
- Pack Cover / Plastic Bag x2
- Para Cord for tying objects in canoe (water bottle, backpack , duffel bag)
- Carabiner or rope loop

MISCELLANEOUS ITEMS

- Extra Batteries
- 50 foot nylon cord

- 4 clothes pins
- Bandanna
- Insect Repellant
- Sunglasses with Strap

TOILETRIES

- Comb or Brush
- Toothbrush & Paste
- Hand Towel (small)
- Soap (motel size) in Zip-lock bag
- Small Roll of Toilet paper in Zip-lock bag
- Deodorant (as needed)
- Towels (2)

TENTAGE

- Nylon tent with Rain Fly, Poles & Stakes
- W/P Ground Cloth
- W/P Ground Cloth
- Optional Hammock with rain fly
- 40' Rope for Fly support
- Stakes for shelter tie-down

CLOTHES

- Swimsuit – 2
- T-Shirts to wear under PFD to limit sun
- Water Shoes or Closed Toe Sandals
- Extra pair of shoes to wear out of water
- Underwear, shorts, socks
- Uniform - Class B Phoenix Shirts for travel days (Saturday, Thursday)

CANOE related items

- Personal Flotation Device (PFD)
- Paddle

OPTIONAL

- Camp Chair or tripod stool

When selecting his camp gear, remember: *"Everything a scout brings to camp may get dirty, scratched, broken, sat on, stepped on, rained on, melted, borrowed, or lost."*

PARENTAL PERMISSION FOR TROOP OUTING

Scout's Name: _____

The Scout whose name appears above has my/our permission to attend and participate in the Boy Scout activity scheduled for _____

date of scheduled troop outing

Please check at least one box

My son will be driving himself to the outing.

I Plan to attend the outing with my son, and:

[] I can help transport scouts to/from (please circle) the outing.

[] I can help transport equipment to/from (please circle) the outing.

My vehicle, _____, can accommodate ____ passengers with seat belts.

I will not be attending the outing, but:

[] I can help transport scouts to/from (please circle) the outing.

[] I can help transport equipment to/from (please circle) the outing.

My vehicle, _____, can accommodate ____ passengers with seat belts.

My son needs to leave the outing for the following reason: _____
He must leave camp at _____ AM/PM and return at _____ AM/PM. He will be picked up at camp by the following person(s): _____

I am not attending and I can not help in transportation.

IMPORTANT INFORMATION

Parent's Name: _____

Address: _____

Phone: (home) _____ (work) _____

Emergency contact person (other than parents): _____

Phone: (home) _____ (work) _____

Relationship: _____

no yes Is there any restrictions or limitation for this outing? If so, please indicate: _____

no yes Is your son taking any medication? If so, what type and how often: _____

no yes Are there any special instructions or information pertaining to this activity? If so, please indicate: _____

Signed: _____ Date: _____

signature of parent or legal guardian



ACTIVITY CONSENT FORM AND APPROVAL BY PARENTS OR LEGAL GUARDIAN

This form is recommended for unit use to obtain approval and consent for Tiger Cubs, Cub Scouts, Webelos Scouts, Boy Scouts, Varsity Scouts, Venturers, and guests (if applicable) under 21 years of age to participate in a den, pack, team, troop, or crew trip, expedition, or activity. This form is required for use with flying plans and should be attached to the flying plan application. It is recommended that parents keep a copy of the form and contact the tour leader in the event of any questions or in case emergency contact is needed. Additional copies of this form along with the *Guide to Safe Scouting* are available for download from Scouting Safely at www.scouting.org/forms.

First name of participant and middle initial _____ Last name _____

Address _____ Birth date (month/day/year) ____/____/____ Age during activity _____

Additional address (need street address if you have a P.O. box) _____

City _____ State _____ Zip _____

Has approval to participate in _____
(Name of activity, orientation flight, outing trip, etc.)

From _____ to _____
(Date) (Date)

Without restrictions

Special considerations or restrictions: _____

HOLD HARMLESS AGREEMENT

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I have carefully considered the risk involved and have given consent for myself or my child to participate in this activity. I also understand that participation in this activity is entirely voluntary and requires participants to abide by applicable rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child. Medical providers are authorized to disclose to the adult in charge examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

Participant's signature _____ Date _____

Parent/guardian printed name _____

Parent/guardian signature _____ Date _____

Area code and telephone number (best contact and emergency contact)

Email (for use in sharing more details about the trip or activity)

Contact the adult tour leader with any questions:

Name _____

Phone _____ Email _____