

Boy Scouts of America
Great Smoky Mountain Council
Tuckaleechee District
Troop 81

Outing Triplist

What: **Natural Bridge State Park
Rock Climbing High Adventure**

When: May 18-20, 2018

Where: Campton, Kentucky

Departure: Friday, May 18 @ 6:00 PM (Arrive at FUMC no later than 5:30 PM)

Return: Sunday, May 20 @ 1:30 PM (phone calls will confirm arrival time)

Transportation: Two 15-passenger church vans

Meals: Provided by the troop (Exception: Friday supper- bring a sack meal from home)

Uniform: Phoenix Shirt

Lodging: Kenneland Lodge, BSA Camp McKee

Cost: Climbers \$100 per person (5 meals, fuel, skyway lift ticket, climbing fee)
Non-climbers \$60 per person (5 meals, fuel, skyway lift ticket)

Note: the cost of this trip had to be adjusted due to the higher gasoline prices.

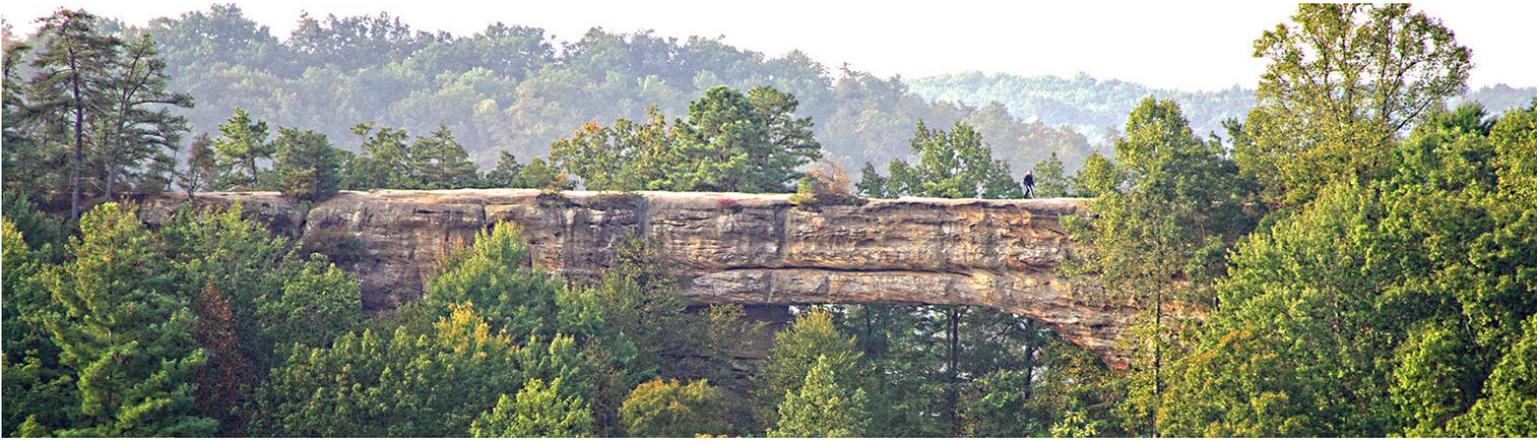
Deadlines: RSVP immediately to Dean Moss. Payment due **Monday, May 7, 2018**

What to Bring: See separate sheet

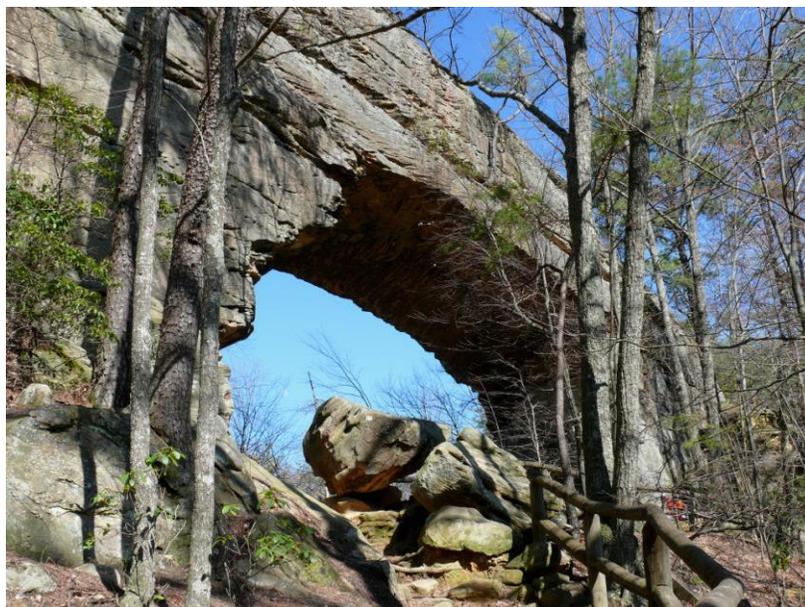
Event Coordinator: Dean Moss Home: 983-1719 Cell: 599-3661

Note

Any empty seats in the vans will be offered to family members or friend on a first come, first served basis



Natural Bridge State Park





Rock Climbing



INFORMATION

Arrive at Maryville First United Methodist Church no later than 5:30 PM on Friday, May 18, 2018. Bring a sack meal and beverage (closable top) for Friday supper. Van assignment will be announced prior to trip. The one-way travel time is approximately 4 hours. We have a lodge reserved with bunk beds, kitchen, restrooms and showers at BSA Camp McKee near Lexington, Kentucky.

On Saturday morning, we'll have a hot breakfast at the lodge and then head to Natural Bridge State Park where we'll ride the Skylift to the top of the natural sandstone arch that spans 78 ft and is 65 ft high. The natural process of weathering formed the arch over millions of years. Natural Bridge State Resort Park invites you to experience a truly magnificent and serene natural environment. Explore the beauty of natural arches and rugged sandstone cliff lines. Our greatest attribute remains the same: the 'Natural Bridge'. This magnificent arch is one of the most famous natural sandstone arches in Kentucky.

After lunch at the state park, we'll travel to Southeast Mountain Guides Climbing Center (Formally Torrent Falls). Wear sturdy footwear (no sandals or any open-toed footwear) and gloves. Climbing harnesses and helmets will be furnished by the climbing center. Everyone will take a mandatory class on how to work the safety lines and putting on the climbing harness. Then everyone will transverse a low training wall to better learn how to climb the high wall. Afterwards, everyone can start out on an "easy" portion of the Via Ferrata. The course gets progressively harder (and higher) but there are five exits off the Via Ferrata if you wish not to continue. You may climb sections over again or try the entire course as many times as you like.

The climbing route is made up of iron rungs that are drilled directly into the rock. They are anchored using an industrial epoxy that is rated to hold over 9500 pounds! You climb the route using these rungs as well as using the rock itself. The rungs are spaced so that people of different heights can climb them.

While climbing the Via Ferrata, you are always protected by dual safety lines that are attached to a vinyl coated steel cable. You attach your safety lines using specially made clips called carabiners. The steel cable is anchored to the rock approximately every 5 feet by bolts that are drilled directly into the rock face. As you climb, your safety lines slide along the cable behind you. When you reach a bolt, one safety line is unclipped and re-clipped on the other side of the bolt. Then the second line is moved to the other side of the bolt. This means there is always at least one safety line to protect you. You're never without fall protection.

After a day of adventure, we'll return to Camp McKee for a pizza supper and a good night's rest. The next morning following breakfast, we'll have a church service and then load up for our return trip. Our estimated time of arrival at the church is 1:30 PM.

IMPORTANT

Release Waivers

All climbers must sign a "Release, Waiver of Liability and Indemnification Agreement" before participation is allowed. Youth climbers must have their parents/guardian signature. These documents are enclosed in this packet.

Visit Southeast Mountain Guides Website: www.southeastmountainguides.com

Visit Natural Bridge State Park: parks.ky.gov/parks/resortparks/natural-bridge/

What to Bring

- Wear your Phoenix shirt
- Complete change of clothes
- Climbing gloves
- Light jacket
- Raingear
- Flashlight
- Water bottle
- Personal toiletries
- Towel
- Wristwatch
- Any prescription medications
- Sleeping bag / pillow
- Plastic bag for dirty/wet clothes
- Spending money
- Sack supper for Friday

Electronic Devices: Such devices make a suitable way of occupying time during the bus ride. As such, these devices will be allowed with the understanding that the troop will not be responsible for any damage, loss, or theft. There will be limited charging opportunities during the trip. The adult leadership reserves the right to confiscate any electronic devices if necessary.

Frequently Asked Questions About Rock Climbing

Q: What exactly is a Via Ferrata?

A: Via Ferrata is a climbing system that aids the climber by cables, and hand and foot rungs.

Q: Are there age limits?

A: Ages 10 and older for the Climbing Adventure. We also require that children between the ages of 10 to 14 be accompanied by an adult or a guide. The adult or guide can accompany up to 5 youth in that age range.

Q: Do I have to have any prior climbing experience?

A: No. We will train you in our training program. The Climbing Adventure route is also divided up into different degrees of difficulty; beginner, intermediate, advanced, and expert.

Q: How do I get down from the Climbing Adventure course?

A: There are 6 exits on the course. An exit is a place to get down. Basically it is cable, hand and foot rungs that go down instead of continuing on. Exits are at the beginning of each level of difficulty, so you can come down prior to going beyond your physical limit.

Q: What happens if I fall on the Climbing Adventure?

A: The Via Ferrata harness system is designed to catch you within 2 to 3 feet. Most people do not fall unless they are on the expert section. If one falls, they must be assisted by Southeast Mountain Guides staff to either climb on or be lowered to the ground. Events as such are covered in the Climbing Adventure training program.

Q: What if I freeze or get stuck while on the Climbing Adventure?

A: Our staff is trained in either talking you through completing that section or lowering you to the ground.

Q: Can anyone climb?

A: Southeast Mountain Guides staff is not trained to handle physically or mentally handicapped individuals.

Q: What if it rains?

A: We are still open and climbing if it rains. Appropriate clothing should be worn. We do not allow climbing during thunder or lightning storms. We do not allow climbing in conditions of ice.

Q: Do I need rock climbing shoes for the Climbing Adventure?

A: No. Good hiking boots or tennis shoes work fine. Do not wear sandals, flip-flops, or any open-toed shoes.

Q: Do I need to wear gloves for the Climbing Adventure?

A: No, but fingerless gloves are recommended. Bicycle gloves or weight lifting gloves work very well. The carabiners are difficult to actuate with fingered gloves.

Q: Can I wear a back pack while climbing the Climbing Adventure?

A: Yes, you can take water, camel backs, cameras, fanny packs, etc. As long as it doesn't interfere with the safety gear.

Q: How long does the Climbing Adventure take?

A: That depends on the person. Typically, we like to tell people if they are in good physical condition and stick with it about 2 to 4 hours, but most people are unable to complete the entire course.

Q: How many times can we climb the Climbing Adventure course?

A: As many times as you can fit in one afternoon. The course is divided up into 6 sections.



ACTIVITY CONSENT FORM AND APPROVAL BY PARENTS OR LEGAL GUARDIAN

This form is recommended for unit use to obtain approval and consent for Tiger Cubs, Cub Scouts, Webelos Scouts, Boy Scouts, Varsity Scouts, Venturers, and guests (if applicable) under 21 years of age to participate in a den, pack, team, troop, or crew trip, expedition, or activity. This form is required for use with flying plans and should be attached to the flying plan application. It is recommended that parents keep a copy of the form and contact the tour leader in the event of any questions or in case emergency contact is needed. Additional copies of this form along with the *Guide to Safe Scouting* are available for download from Scouting Safely at www.scouting.org/forms.

First name of participant and middle initial _____ Last name _____

Address _____ Birth date (month/day/year) ____/____/____ Age during activity _____

Additional address (need street address if you have a P.O. box) _____

City _____ State _____ Zip _____

Has approval to participate in _____
(Name of activity, orientation flight, outing trip, etc.)

From _____ to _____
(Date) (Date)

- Without restrictions
- Special considerations or restrictions: _____

HOLD HARMLESS AGREEMENT

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I have carefully considered the risk involved and have given consent for myself or my child to participate in this activity. I also understand that participation in this activity is entirely voluntary and requires participants to abide by applicable rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child. Medical providers are authorized to disclose to the adult in charge examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

Participant's signature _____ Date _____

Parent/guardian printed name _____

Parent/guardian signature _____ Date _____

Area code and telephone number (best contact and emergency contact)

Email (for use in sharing more details about the trip or activity)

Contact the adult tour leader with any questions:

Name _____

Phone _____ Email _____

**Assumption of Risk, Waiver of Liability, & Indemnification Agreement - Read Before Signing**

Name of Participant: _____ Date (M/D/Y): ____ / ____ / ____

Southeast Mountain Guides, LLC (hereafter referred to as **SOUTHEAST**) offers high adventure opportunities for all ages. Southeast caters to individuals, families, and groups. Southeast activities are geared for all skill levels – both experienced climbers and beginners. Activities are provided on Southeast property, on private property, State Park land, National Forest land, and National Park land. Featured activities include 1) Via Ferrata (a climbing system that aids the climber by cables and iron rungs for hands and feet), 2) guided rock climbing (offers private guided rock climbing trips from professionally certified climbing instructors), and 3) guided rappelling (offering both private and group guided rappelling trips). Southeast activities involve adventure, excitement, challenge, fun, develop fitness, promote self confidence, and have many other obvious values.

While the benefits of participation in Southeast activities are obvious, Southeast feels it is important that the **Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian)** understand that there are **inherent risks** in all physical activities, including outdoor activities such as Via Ferrata, guided rock climbing, and guided rappelling which can't be eliminated regardless of the care taken by Southeast.

While participant safety is of major concern to Southeast, the fact is that rock climbing and rappelling are conducted in a natural setting which contains unpredictable hazards; in such a setting Southeast can never be in total control. While it is impossible to list all of the inherent risks of rock climbing or rappelling, the following list illustrates some of the inherent risks faced by the participant: weather-related risks (e.g., hot, humid weather; unexpected lightning; sudden high winds); over-exertion; being struck by debris, dislodged rocks, or other objects; falls from a rock wall, cable, swing, or bridge; loss of footing due to slippery rocks or unstable stones; collisions with stationary objects or other participants; participant failure to adhere to posted rules or warnings; careless, erratic, or negligent acts by co-participants; careless, erratic, or negligent acts by non-participating general public; unexpected carabiner, harness, or equipment failure; errors in judgment by Southeast personnel and instructors -- including, but not limited to: misjudging participant ability or fitness level, misjudging weather conditions, failure to give adequate warnings or sufficient instructions, and concentration lapses while supervising.

Southeast feels that it is important that the **Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian)** understand that three types of injuries can occur. Minor injuries are the most common and include, but are not limited to, insect bites/stings, sunburn, muscle soreness, headaches, sprains, cuts, black eyes, blisters, bruises, and abrasions. Serious injuries are less common, but can occur occasionally. They include, but are not limited to, broken bones, concussions, torn ligaments or cartilage, eye injuries, cuts, broken teeth, heat-related illness, and internal injuries. Catastrophic injuries are very rare; but Southeast feels that every **Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian)** should be aware of the possibility. These infrequent injuries include permanent disability, brain injury, paralysis, blindness, heart attack, stroke, and even death.

Assumption of Inherent Risks: I, the **Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian)**

- 1) assert that I am familiar with the inherent risks of rock climbing and rappelling and I have been reminded of some of the inherent risks by the preceding paragraphs.
- 2) understand that all activities of Southeast include inherent risks that cannot be eliminated regardless of the care taken by Southeast.
- 3) know, understand, and appreciate the types of injuries inherent in Southeast activities.
- 4) hereby assert that participation is voluntary and knowingly assume all inherent risks of the activity.

Waiver of Liability for Ordinary Negligence of SOUTHEAST: In consideration of permission to participate in Southeast activities, today and ON ALL FUTURE DATES, I, the **Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian)**, on behalf of myself, my spouse, heirs, executors, administrators, personal or legal representatives, and assigns (hereafter referred to as the Releasing Parties) do hereby waive, release, covenant not to sue and discharge Southeast [including ROC Enterprise, all corporate partners and owners, directors, board members, officers, employees, volunteers, independent contractors, sponsors, vendors, consultants, agents, equipment suppliers, insurers, other Southeast participants, owners of all venues, and the U.S. Government, National Forest and National Land, its management, and employees] (hereafter referred to as the Protected Parties) from liability from any and all claims, demands, and actions of every name and nature including those arising from the ordinary negligence (including negligent rescue operations) of the Protected Parties.

This agreement applies to 1) personal injury (including death) from incidents or illnesses arising from participation in Southeast activities including, but not limited to: Via Ferrata, guided rock climbing, guided rappelling, night climbs, group instruction, clinics, special events, merit badges, combo packages, multi-pitch climbing, training/conditioning activities, and all incidents on the premises. It applies while I am an observer or spectator; during personal use of all facilities; and while being transported or walking to a venue. This applies to all facilities, venues, equipment, and all premises including the associated trails and parking lots and to 2) any claims resulting from the damage to, loss of, or theft of property.

Indemnification: I, the **Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian)**, also agree to hold harmless, defend, and indemnify Southeast (that is, defend and pay any judgment and costs, including investigation costs, attorney's fees, and related expenses) from any and all claims of Releasing Parties or others acting on my behalf, arising from my participation in Southeast Activities, (including those arising from the inherent risks of the activity or the ordinary negligence of Protected Parties).

I, the **Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian)**, further agree to hold harmless, defend, and indemnify Southeast against any and all claims of co-participants, rescuers, and others arising from the conduct of the participant in Southeast activities.

Clarifying Clauses: I, the Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian) confirm:

- 1) This agreement **supersedes any and all previous oral or written promises or agreements**. I understand that this is the entire agreement between me and Southeast and that it cannot be modified or changed in any way by representations or statements by any agent or employee of Southeast.
- 2) The foregoing Assumption of Risk, Waiver of Liability, Indemnification Agreement, and Covenant Not to Sue is intended to be as broad and inclusive as is permitted by the laws of the State of Kentucky and that **if any portion thereof is held invalid**, it is agreed that the balance shall continue in full legal force and effect.
- 3) If legal action is brought, either the state court serving Wolfe County, Kentucky, or the U.S. District Court for the Eastern District of Kentucky has the **sole and exclusive jurisdiction** and that only the substantive laws of the State of Kentucky shall apply.
- 4) I will engage in good faith efforts to mediate any dispute that might arise. Any agreement reached will be formalized by a written contractual agreement at that time. Should the issue not be resolved by mediation, I agree that all *disputes, controversies, or claims arising out of participation in Southeast shall be submitted to binding arbitration in accordance with the applicable rules of the American Arbitration Association then in effect.*

Acknowledgements to Promote Participant Safety:

Health Status. The Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian) affirms that he or she:

- Possesses no health problems or physical disabilities that would make participation unwise or risk injury.
- Understands that Southeast advises all participants to seek medical clearance prior to participation.
- Understands that it is his or her duty 1) to inform staff of disabilities or illnesses; and 2) discontinue activity immediately if there is any unusual discomfort (e.g., faintness, shortness of breath, high anxiety, chest pains) during participation.
- Is physically and mentally capable (sufficient skills, strength, maturity, coordination, and fitness) to safely participate.

Medical Care. The Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian) affirms that he or she:

- Authorizes the use of first aid/CPR by Southeast staff if Southeast staff deems it is needed.
- Authorizes Southeast to secure emergency medical care and transport if deemed necessary.
- Agrees to assume all cost of emergency care and transportation.

Rules and Safety. The Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian) agrees:

- To report all injuries (even minor injuries) so that Southeast may make a record of the injury.
- To wear all recommended safety gear during participation.
- To inform Southeast of any use of controlled substances such as alcohol, drugs or illegal substances.
- To follow all rules, guidelines, and instruction established by Southeast.
- To inform Southeast of any conduct or condition that creates a hazard for participants or others – and will immediately discontinue further participation in said activity.
- That Southeast has authority to halt my participation if it endangers me or others.

Acknowledgment of Understanding: I, the Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian), have read and understand this Agreement. I understand that I am giving up substantial rights, including the right of both the participant and the parent of guardian to sue for damages in the event of death, injury, or loss. I, the Southeast Adult Participant or Southeast Minor Participant (& Parent/Guardian), acknowledge that I am voluntarily signing this agreement, and intend my signature to be a complete release of all liability, including that due to inherent risks or ordinary negligence by the Protected Parties, to the greatest extent allowed by law of the State of Kentucky. *Further, I, the Parent/Guardian, assert that I have explained the risks of the activity to my minor son or daughter and that he or she understands this Agreement.*

Complete Only if Participant is Under 18 years of age

If Participant is a Minor, at Least one Parent/Guardian Must Sign Below:

Name of Participant (Print)

Signature of Participant

_____/_____/_____
Date: (M/D/Y)

Date of Birth: ____/____/_____
Mo. Day Year

| | |
|--|--|
| _____ Name of Parent/Guardian (Print) | _____ Name of Parent/Guardian (Print) |
| _____ Signature of Parent/Guardian | _____ Signature of Parent/Guardian |
| Date: ____/____/_____ | Date: ____/____/_____ |

E-Mail:* _____ Phone: (____) _____ - _____

In Case of Emergency (Must be someone **Not** participating), Please Notify _____ Phone (____) _____ - _____

* We will send you coupons and event updates a few times throughout the calendar year. If you do not desire this please check NO: ____ and your email address will only be used to contact you for subjects deemed important (such as a lost cell phone, etc).